

| Common Name | Scientific Name | Tree/Shrub/Annual/Perennial | Native/Non-Native | Invasive | Status | Flowers | Elevation | Wildlife Supporting | Dormancy | Max Height |
|---|---|-----------------------------|-------------------|----------|---|---------------------------------|--|---|--|------------|
| Beach Bur or Sand Bur | <i>Ambrosia chamissonis</i> | Perennial herb | Native | N/A | Not Listed | yellow, green | Below 50 m (160 ft) | | Stressdeciduous | 13 ft. |
| Beach Evening Primrose | <i>Camissonia cheiranthifolia</i> | Perennial herb | Native | N/A | Not Listed | yellow, red | 0-330 ft (100 ft) | Birds and butterflies | Evergreen | 0.3 ft. |
| Beach Morning Glory | <i>Calystegia soldanella</i> | Perennial herb, Vine | Native | N/A | Considered but rejected by California Native Plant Society | white, pink, lavender | Below 50 m (160 ft) | | Evergreen | 2 ft. |
| Beach Saltbush | <i>Atriplex leucophylla</i> | Perennial herb | Native | N/A | Not Listed | white, green | Below 60 m (200 ft) | | Evergreen, Semi-deciduous | 1 ft. |
| California Poppy | <i>Eschsholzia californica</i> | Annual herb, Perennial herb | Native | N/A | Not Listed | yellow, orange | Sea level to 2,000 meters (6,500 feet) | Birds, small herbivores, butterflies, bees, other pollinators | Summer Deciduous | 2 ft. |
| Coast Goldenbush or Menzies' Goldenbush | <i>Isocoma menziesii</i> | Shrub | Native | N/A | var. <i>decumbens</i> fairly endangered in CA and endangered elsewhere var. <i>diabolica</i> fairly endangered in CA according to California Native Plant Society | yellow | Below 1200 m (4,000 ft) | Numerous insects including butterflies | Summer Semi-Deciduous | 3.3 ft. |
| Coast Woollyheads | <i>Nemacaulis denudata</i> | Annual herb | Native | N/A | var. <i>denudata</i> fairly endangered in CA and endangered elsewhere var. <i>gracilis</i> fairly endangered in CA but common elsewhere according to California Native Plant Society | white | 0-100 m? | | | 1.3 ft. |
| Common Yarrow | <i>Achillea millefolium</i> | Perennial herb | Native | N/A | var. <i>gigantea</i> considered but rejected by California Native Plant Society | white, yellow | up to 3500 meters above sea level | carnivorous insects; butterflies; bees | Evergreen, Summer Deciduous, Summer Semi-Deciduous | 3 ft. |
| Crystalline Iceplant or Common Iceplant | <i>Mesembryanthemum crystallinum</i> | Annual herb, Succulent | Non-Native | Yes | Not Listed | white, pink, purple | 0 to 1345 ft (-1 to 410 m) | | Evergreen | 1 ft. |
| Dune buckwheat or Seacliff Buckwheat | <i>Eriogonum parvifolium</i> | Shrub | Native | N/A | var. <i>lucidum</i> and var. <i>paynei</i> considered but rejected by California Native Plant Society | pink, red, white, yellow, green | Below 700 meters (2,300 ft.) | Butterflies, bees, other pollinators. Particularly important butterfly plant. | Evergreen | 3.3 ft. |
| Giant coreopsis | <i>Coreopsis gigantea</i> | Shrub, Succulent | Native | N/A | Not Listed | yellow | 45–180 feet (14–55 m) | Insects | Summer Deciduous, Winter Deciduous | 8 ft. |
| Giant Wildrye | <i>Elymus condensatus</i> (syn. <i>Leymus condensatus</i>) | Grass | Native | N/A | Not Listed | brown | Below 1830 m (6000 ft) | Seeds eaten by mammals and birds. | Evergreen | 6 ft. |
| Hummingbird Sage | <i>Salvia spathacea</i> | Perennial herb | Native | N/A | Not Listed | pink, red | sea level to 2,000 feet (600 m) | Hummingbirds, bees and butterflies | Evergreen | 3 ft. |
| Hottentot-fig/Highway Iceplant | <i>Carpobrotus edulis</i> | Perennial herb, Succulent | Non-Native | Yes | Not Listed | yellow, pink | below 500 ft (150 m) | | Evergreen | 1 ft. |
| Pampas Grass | <i>Cortaderia selloana</i> | Perennial grass | Non-Native | Yes | Not Listed | white, purple | 0 to 2690 ft (0 to 820 m) | | Evergreen | 13 ft. |
| Pink Sand Verbena or Beach Sand Verbena | <i>Abronia umbellata</i> | Perennial or annual herb | Native | N/A | var. <i>breviflora</i> seriously endangered in CA and endangered elsewhere according to California Native Plant Society | pink, white, purple | Below 300 ft (100 m) | | Summer Semi-Deciduous | 1 ft. |

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| Red Sand Verbena | <i>Abronia maritima</i> | Perennial herb | Native | N/A | Fairly endangered in CA according to California Native Plant Society | pink, purple, red | 200-5000 ft (60-1800 meters) | Butterflies | Evergreen | 4.8 inches |
| Salt Marsh Bird's Beak | <i>Chloropyron maritimum</i> | Annual herb | Native | N/A | ssp. <i>maritimum</i> listed Endangered in US and CA, fairly endangered in CA and endangered elsewhere (CNPS) ssp. <i>palustre</i> fairly endangered in CA and endangered elsewhere according to California Native Plant Society | white, cream, yellow, purple | 0-30 m (100 ft) | | Semi-evergreen | 1 ft. |
| Saltgrass | <i>Distichlis spicata</i> | Perennial grass | Native | N/A | Not Listed | Yellow | Below 1550 m (5,000 ft) | Several species of Skipper butterflies use this species as host plant. A number of birds and small mammals also utilize this plant. | Deciduous | 1.6 ft. |
| Sandcarpet | <i>Cardionema ramosissimum</i> | Perennial herb | Native | N/A | Not Listed | white | 0-400 m (1300 ft) | | Stressdeciduous | 1 ft. |
| Sea Cliff Daisy or Cliff Aster | <i>Malacothrix saxatilis</i> | Perrenial herb | Native | N/A | var. <i>arachnoidea</i> fairly endangered in CA and endangered elsewhere var. <i>saxatilis</i> fairly endangered in CA var. <i>implicata</i> considered but rejected according to California Native Plant Society | white | Below 200 m (660 ft) | | Deciduous | 2 ft. |
| Sea Fiddleneck or Seaside Fiddleneck | <i>Amsinckia spectabilis</i> | Annual herb | Native | N/A | var. <i>microcarpa</i> considered but rejected by California Native Plant Society | yellow | Below 170 m (560 ft) | | | 3.9 ft. |
| Sea Fig | <i>Carpobrotus chilensis</i> | Perennial herb, Succulent | Non-Native | Yes | Not Listed | magenta | 0 to 655 ft (0 to 200 m) | | Evergreen | 1 ft. |
| Sea Rocket or European Sea Rocket | <i>Cakile maritima</i> | Annual herb, Succulent | Non-Native | Yes | Not Listed | purple, white | -5 to 690 ft (-3 to 210 m) | | | 1.5 ft. |
| Seaside Heliotrope | <i>Heliotropium curvassavicum</i> | Perrenial herb | Native | N/A | Not Listed | blue, lavender, white | Below 2250 m (7,400 ft) | | Evergreen | 1.6 ft. |
| Western Ragweed | <i>Ambrosia psilostachya</i> | Perennial herb | Native | N/A | Not Listed | green | Below 1000 m (3,300 ft) | Birds, butterflies, grasshoppers. | Winter Semi-Deciduous | 7 ft. |

<https://explorebeaches.msi.ucsb.edu/sandy-beach-life/native-beach-plants>